PRAYERS TO THE HOLY SPIRIT



MY HEART

PRAYERS TO THE HOLY SPIRIT

PREFACE



Dear prayer partners!

It is the Holy Spirit that works all good in us (*see Rom. 8:26*). His presence is more important in these times than ever before. His gifts bring about renewal, wisdom, strengthened faith and healing.

Moreover they help us to discern what is good for us, and what could harm us.

The Holy Spirit is also the love that directs us to God and our fellow human beings, and moves us to draw closer to them.

This set of prayers is designed as a handbook for our personal encounter with the Spirit of God. Its small format is also appropriate for that purpose, since it is easy to bring along with us, wherever we are. At the same time, it should serve to foster communal prayer. Afterall, the Holy Spirit draws us together.

With this booklet, published in multiple languages, we are seeking to build a bridge of prayer between people in our partner countries in Central, Eastern and Mid-Eastern Europe. Wherever the Spirit of God is present, unity and understanding thrive!

homas humante

Prof. Dr. Thomas Schwartz Senior Managing Director of Renovabis

BREATHE IN ME

Breathe in me, O Holy Spirit, That my thoughts may all be holy.

Act in me, O Holy Spirit, That my work, too, may be holy.

Draw my heart, O Holy Spirit, That I love but what is holy.

Strengthen me, O Holy Spirit, To defend all that is holy.

Guard me, then, O Holy Spirit, That I always may be holy. *attributed to Saint Augustine*

COME, HOLY SPIRIT!

Come, fill me! Give me strength, grant me courage! Set me on fire! Let the living water flow!

Pour out your Spirit!

Take my fear, take my silence, take my hesitation, take my insecurity, take my loneliness,

take me

and give me

unending longing for you.

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PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, You, Spirit of truth that sets us free. You, Spirit of storms that unsettles us, You, Spirit of courage that gives us strength. You, Sprit of fire that makes us worthy of trust.

Come, Holy Spirit, You, Spirit of love that unites us. You, Spirit of joy that brings us bliss. You, Spirit of peace that teaches us to forgive. You, Spirit of hope that makes us kind.

Come, Holy Spirit!

Leonardo Boff

PRAYER TO THE HOLY SPIRIT

O Holy Spirit, love of the Father and the Son, Let me know what I should say, and how I should say it. Let me know what I should refrain from saying; and how I should act. Let me know what I should do for the glory of God for the good of souls, and for my own salvation.

O Holy Spirit,

I ask You for the gift of wisdom to understand and discern; Give me the gift of comprehension, to understand all things. Teach me the methods and give me the ability to always be able to learn. Give me keen wits to correctly interpret and differentiate; Give me the grace to speak effectively.

O Holy Spirit, give me confidence and accuracy at the beginning; lead and direct me in implementation, and give me completeness when I come to the end. AMEN

Pope John Paul II prayed this prayer daily.

HOLY SPIRIT,

You are the liberating breath of life, sprinkle the dew of your fresh energy into my daily life, your fresh love, so that everything that is monotonous and dull in me, pulses to your dynamic rhythm of wonder and self-giving.

Holy Spirit, you are the keeper of my dignity, give me the courage, not to betray myself, out of fear of rejection, loss or criticism. Preserve in me the liberating freedom of knowing who I truly am in God's eyes. Holy Spirit, Oh pure source of renewal, pour out your healing water over me, so that every empty place of loneliness and despair is filled by your presence.

Holy Spirit, renew the fullness of life in me!

Sr. Teodora Shulak MSsR

PRAYERS TO THE HOLY SPIRIT

HOLY SPIRIT

Holy Spirit,

O Spirit of truth, enlighten me, so that I develop a sense of what truly matters in my life. O Spirit of power, strengthen the ground beneath my feet.

Spirit of freedom, give me liberty to learn to serve all in peace and justice.

Spirit of counsel, entice me to set forth on my adventure with God.

Spirit of knowledge, direct my thoughts to passionately respect creation and the created.

O Spirit of prayer, pray in me, so that God may express Himself in me.

O Spirit of the love of God, keep me, that I can live in and from hope forever.

With renewed enthusiasm I seek to venture forth and devote myself for the coming of Your new kingdom.

Luis Gurndin

OH SPIRIT OF GOD IN ME,

teach me to love you more and more, so that I can follow my Lord and God Jesus Christ and continue to follow His steps in my daily life.

Teach me to grow more deeply in faith and to become what you always wished me to be.

Holy Spirit, live in me.

Amen.

Sr. Nadya Ruzhina OSB



Holy Spirit, give me the faith that saves me from despair and vice. Grant me the love for God and others that purges all hate and bitterness, Grant me the hope that frees me from fear and despondency. Dietrich Bonhoeffer

COME, HOLY SPIRIT! WE NEED YOU

Come, Holy Spirit! We need You. The others are waiting for us to speak, and we are so timid. Speak out of us, and say the words that will show them the way.

Come, Holy Spirit! We need You. We are tired and prefer to crawl away where we can rest. Give us the strength to turn to others, and grant that this may bring them good.

Come, Holy Spirit! We need You. We take ourselves so seriously. But when You touch us, we hear the Father in heaven telling us: "You are important to me." Come, Holy Spirit! We need You. We are in a hurry because there is still so much to do. But when we draw near to You, we have a moment to breathe, to take in the love of God, and expel our misery.

Come, Holy Spirit! We need You. When You touch us, we see the light of God in the faces of those around us.

Tilmann Beller

SPIRIT OF LIFE

Spirit of life, open my heart for Your gifts of grace!

Spirit of truth, let me recognize the truth of God when lost among many opinions!

Spirit of love, transform me, so that I can truly love!

Spirit of peace, help me to sow peace and forgiveness!

Spirit of joy, grant me thankfulness for all that is good and beautiful in my life!

ANIMATING SPIRIT

Holy Spirit, animating life, mover of all things, root of all created being, who cleanses creation of every impurity, effaces guilt, anoints our wounds.

You infuse life with light and deserve our praise, You waken and re-awaken everything that is.

Hildegard von Bingen



PRAYERS TO THE HOLY SPIRIT

O HOLY FIRE

O Holy Fire, burn in our hearts.

O Holy Water, flow in our lives

O Holy Spirit, let our thoughts soar.

O Holy Advocate, speak to our souls.

O Holy Dove, fly through our world.

O Holy Love, inspire us all. Anton Rotzetter

BREATH OF GOD

Breath of God, Holy Spirit, in which I breathe, out of which I breath, through which I breathe. Move me, wake me: Prepare me to serve the poorest. Motivate me for service in dialogue, strengthen me to witness to the truth.

Spirit of strength from God, sent from the Father, announced through the Son, guard me from overconfidence and arrogance. Walk alongside me in my daily interactions. Open my eyes to discover the diversity of gifts in others.

Protect me from unjust and inappropriate hostility. Shield me in any confrontation.

Holy Spirit, guardian of Your church, protect and guide her through the ages. Let the church not lose anyone along the way. Let us always stay true to the way of the Church on our way to You. Divine Paraclete! We do not know what our future will be, we do not know what challenges we will face. We do not know whether we will face these moments with strength or weakness. But You comfort us with the promise of Your presence.

You strengthen us with Your gifts. You defend us with the power of Your love. Be with us in building the kingdom of God, in which through You we worship and praise the Father and the Son, now and forevermore. Amen

Thomas Schwartz

Published by Renovabis,

The solidarity initiative of German Catholics with the people of Central and Eastern Europe

Domberg 38/40, 85354 Freising www.renovabis.de – © Renovabis, March 2024 Department Publications – Public Relations Thomas M.P. Schumann (executive editor) Choice of prayers: Matthias Firmke Translated by Emily Pickerill Title image: Anna Makać, Lviv/Lemberg Graphic design: ReclameBüro, Munich



Send out Your Spirit, and renew the face of the earth. Psalm 104:30



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